



Cupar & District u3a

Monthly Open meetings: 11th February 2026

Speaker: Alison Nind of Mary's Meals

Subject: Mary's Meals

Our speaker was Alison Nind, a volunteer in the UK network of fund-raisers to support of the international work of the charity Mary's Meals.

Alison described the Scottish origin of the charity which is active overseas in places of desperate poverty. The charity supports the most vulnerable children who go hungry, may be abandoned, and will miss out on primary schooling. The charity's mission, broadly stated, is to help people escape poverty by providing school meals in the world's poorest communities.

In 18 developing countries, local teams of volunteers are serving hungry children with a daily meal in a place of education. The ingredients for each meal cost 10p. The feeding of the school-children ensures their healthy growth and regular schooling. Mary's Meals is feeding 3.0 million children.

The simple low-cost model of Mary's Meals relies on networks of volunteers in the UK and other 'rich' countries, who act as grass-roots fund-raisers. Mary's Meals has become an international fund-raising charitable organisation. A donation of £20 covers the costs of a child's meals for a full school year. The charity raised £20 million in 2024.

18th February 2026

